

## **FOR IMMEDIATE RELEASE**

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## **RUTH WERNER NOMINATED AS PRESIDENT-ELECT OF MASSAGE THERAPY FOUNDATION**

Evanston, IL – April 23, 2009 - The Massage Therapy Foundation Board of Trustees is proud to announce that Ruth Werner of Layton, Utah, is president-elect of the Foundation. This newly created position began March 1, 2009, and Werner will serve a one-year term until March 1, 2010. At that time, she will assume her role as president for a two-year term.

Werner has been a trustee with the Foundation since March 2006, most recently serving as vice president. She has been instrumental in the development of the Foundation's Education Committee, and is currently launching a new program, "Teaching Research Literacy: An In-Service Event for Teachers," which provides a continuing education opportunity for massage therapy educators and schools.

Werner is a massage therapist and educator with a passionate interest in the role of bodywork for people who struggle with health. Her book, *A Massage Therapist's Guide to Pathology*, is in its 4<sup>th</sup> edition, and is used in massage schools all over the world. She writes columns for *Massage Today* and *Massage and Bodywork* magazine, and has traveled extensively teaching continuing education workshops. She has served on committees for the American Massage Therapy

Association (AMTA), the Utah Department of Public Licensing, the Federation of State Massage Therapy Boards, and the National Certifying Board for Therapeutic Massage and Bodywork.

Werner was also honored as the AMTA Council of Schools Teacher of the Year in 2005.

The Massage Therapy Foundation is a 501(c)(3) tax-exempt, public charity that promotes research, community service and education in the field of therapeutic massage and bodywork.

For more information on the Foundation, please visit [www.massagetherapyfoundation.org](http://www.massagetherapyfoundation.org).

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